



# Discover the Heart of South America

A 21-day journey through  
Peru, Bolivia and Brazil

Discover *the heart*  
of South America

powered by: **aviajar**  
S.R.L.

# Travel Route

## 21 Days and 20 Nights



### Day 1: Historic Centre of Lima

Declared a UNESCO World Heritage Site



### Day 2: Archaeological sites around Cusco

Legacy of Inca engineering



### Day 3: Machu Picchu

An Inca legacy, World Heritage and wonder of the world



### Day 4: Sacred Valley

The agricultural center of the Inca Empire



### Day 5: La Paz

Crossing through the Andean Altiplano



### Day 6: Titicaca Lake and Isla del Sol

The highest navigable lake in the world



### Day 7: Copacabana City

Religious and cultural center in Bolivia



### Day 8: Uyuni Salt Flats

The largest salt desert in the world



### Day 9: Bolivian Altiplano

The most surreal landscapes of the Bolivian Altiplano



### Day 10: Rurrenabaque

The gateway to the Bolivian Amazon



### Day 11: Madidi National Park

The most biodiverse protected area in the world



### Day 12: Madidi National Park

The most biodiverse protected area in the world



### Day 13: Madidi National Park

The most biodiverse protected area in the world



### Day 14: Rurrenabaque

A green and sustainable destination



### Day 15: Santa Cruz de la Sierra

Tourist gateway to eastern Bolivia



### Day 16: San José and Chochis

Important Jesuit legacy



### Day 17: Roboré and Aguas Calientes

The longest hot spring river in Latin America



### Day 18: Bodoquena

Clear rivers and adventure tourism



### Day 19: Bonito

Crystal clear waters and unspoiled nature



### Day 20: Sao Paulo

Cultural capital of Brazil



### Day 21: Sao Paulo

Flight back home

# Day 1: Historic Centre of Lima

## Declared a UNESCO World Heritage Site

We'll be waiting for you at Jorge Chávez International Airport to welcome you and accompany you to Tierra Viva Hotel ★★☆☆.

In the afternoon, we'll begin our tour with a panoramic view of the Huaca Pucllana Pyramid, a magnificent ceremonial and archaeological center built in the 4th century A.D., considered a "sacred village" by pre-Inca cultures.

During our visit, we'll explore Lima's Historic Center, where we'll admire more than fifty colonial monuments and buildings, including Paseo de la República, Plaza San Martín, Plaza Mayor, the Government Palace, the Archbishop's Palace, the Basilica Cathedral, and City Hall, among others.

The tour includes entrance to the Convent of San Francisco and its Catacombs — an architectural gem and one of the city's most fascinating sites. We'll then continue to the modern districts of San Isidro and Miraflores, where we'll enjoy a panoramic view of the Pacific Ocean from Lima's bay.

After the tour, you'll have free time to relax at your hotel or explore the local gastronomy — we'll be happy to recommend some of the best restaurants to experience the finest of Peruvian cuisine.

Depending on your arrival time, breakfast is included.  
This day does not include other meals.

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## DESTINATIONS

### PM

- 📍 Huaca Pucllana Pyramid
- 🚌 Lima City Tour - Historic Center
  - Paseo de la República
  - Plaza San Martín
  - Plaza Mayor
  - Government Palace
  - Archbishop's Palace
  - Cathedral Basilica
  - Municipal Palace
- 📍 San Francisco and its Catacombs
- 🚌 Lima City Tour - San Isidro and Miraflores
- 🕒 Free time





# Day 2: Archaeological sites around Cusco

## Legacy of Inca engineering

Breakfast at the hotel. At the indicated time, transfer to Jorge Chávez International Airport to board your flight to Cusco.

Upon arrival, our team will welcome you at Alejandro Velasco Astete International Airport and accompany you to Royal Inka I Hotel ★★☆☆.

In the afternoon (12:40 – 18:00 approx.), we will begin a guided tour of the city of Cusco and its main nearby archaeological sites. We'll start with the Basilica Cathedral of Cusco, which houses magnificent works of craftsmanship and a collection of paintings from the "Cusqueña School." Next, we'll visit the Temple of the Sun (Qoricancha), built during the Inca era to honor their main deity, the Sun God. Today, it showcases impressive examples of Inca architecture alongside the convent of Santo Domingo.

We'll continue our excursion to the outskirts of the city to visit four archaeological sites located nearby. We'll begin with the imposing Sacsayhuaman, where you can admire stones up to 9 meters high and weighing 120 tons, perfectly fitted together. Just one kilometer away, we'll find the Inca ceremonial center of Qenqo. Next, we'll visit Puka Pukara, believed to have served military and administrative control purposes, and we'll end our tour at Tambomachay, one of the finest examples of Inca hydraulic engineering.

At the end of the tour, return to the hotel to rest and enjoy a free evening.

Includes breakfast at the hotel.  
Day does not include other meals.

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## DESTINATIONS

### PM

- 🚌 Cusco City Tour - Historic Center
  - Basilica Cathedral of Cusco
  - Temple of the Sun (Qoricancha)
  - Santo Domingo convent
- 🚌 Archaeological Sites of Cusco
  - Sacsayhuaman
  - Inca ceremonial center of Inca de Qenqo
  - Inca ceremonial center Puka Pukara
  - Tambomachay
- 🕒 Free time



# Day 3: Machu Picchu

## An Inca legacy, World Heritage and wonder of the world

Early in the morning, transfer from the hotel to the station to board the train to the town of Aguas Calientes. Upon arrival, your local guide will accompany you to take the bus to the citadel of Machu Picchu, a journey of approximately 30 minutes.

You will enjoy a guided tour of about 2 hours and 30 minutes, exploring the main areas and admiring the grandeur of this archaeological wonder.

After the visit, return by bus to Aguas Calientes, where lunch will be included.

Afterwards, you must arrive at the station 30 minutes before the departure of your train back to Cusco.

Reception at the station and transfer to the hotel.

Includes breakfast at the hotel.

Includes lunch at a local restaurant.

Day does not include other meals.

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## DESTINATIONS

### AM

🚌 Bus a Machu Picchu

📍 Machu Picchu Citadel - Guided Tour

📍 Machu Picchu Ruins

### PM

🕒 Free time





# Day 4: Sacred Valley

## The agricultural center of the Inca Empire

At approximately 7:30 a.m., we will begin our tour of the Super Sacred Valley of the Incas. Our first stop will be Chinchero, about 30 minutes from Cusco, where we will visit a local community and its textile interpretation center to learn about traditional Andean weaving techniques.

We will continue to Maras, a picturesque village known for its famous salt mines, or salineras, consisting of more than 3,000 salt pools owned by local families. Next, we will visit Moray, an Inca agricultural laboratory where ancient inhabitants experimented with crops at different altitudes and microclimates. The journey continues to Ollantaytambo, the only city from the Inca period that still preserves its original urban layout. After the visit, we'll head to Urubamba to enjoy a buffet lunch at a local restaurant.

In the afternoon, we'll travel to Písaq, a typical artisan market with charming houses and narrow streets. We'll then visit the archaeological complex of Písaq, where we'll explore the Inca constructions, urban and residential areas, as well as an ancient Inca cemetery.

At the end of the tour, we'll return to Cusco around 7:30 p.m. to collect the luggage and transfer to the bus terminal, where you'll board the night bus to La Paz.

Includes breakfast at hotel.

Includes lunch

Day does not include other meals.

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## DESTINATIONS

### AM - PM

- 📍 Sacred Valley Tour
  - Inca Agricultural research - Moray
  - Inca archaeological site - Ollantaytambo
  - Urubamba town
  - Písaq Archeological complex
  - Písaq Typical craft market
  - Písaq Inca Cemetery
  -

🚌 Transfer to La Paz



# Day 5: La Paz

## Crossing throught the Andean Altiplano

In the afternoon, arrival in the city of La Paz. You will be met at the bus terminal by our staff and transferred to your hotel for check-in.

The rest of the day will be free to rest or enjoy personal activities.





# Day 6: Titicaca Lake and Isla del Sol

## The highest navigable lake in the world

We will pick you up from your hotel to begin the journey toward Lake Titicaca, crossing the vast landscapes of the Bolivian Altiplano. After approximately two hours of travel, we will reach the Tiquina Strait, the narrowest point of the lake, which we'll cross on a local ferry, sharing the experience with the residents of the area. At around 12:00 p.m., we will arrive in the town of Copacabana, where we'll enjoy lunch at a local restaurant.

In the afternoon, we will board a boat to sail across the lake's waters to the Isla del Sol (Island of the Sun), considered a sacred place in the Andean worldview. We'll visit the Palace of the Inca, built under the rule of Emperor Túpac Yupanqui, and regarded as one of the island's spiritual gateways. After a short walk, we'll reach the village of Yumani, located atop a hill, where we'll see the famous Inca Stairway that leads to the Fountain of the Three Waters. Local tradition says that whoever drinks from its waters gains eternal life.

You'll have time to take photographs of the lake and the Royal Range of the Andes before returning by boat to Copacabana.

Transfer to Rosario Lago Titicaca Hotel ★★☆☆.

Includes Breakfast at the hotel in La Paz.

Includes lunch.

Day does not include other meals.

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## DESTINATIONS

### PM

#### Boat

- Port of Copacabana
- Titicaca Lake

#### Island of the Sun

- Pilkocaina Temple
- Hike to Yumani
- Descent via the Sacred Stairway
- Inca Fountain





# Day 7: Copacabana City

## Religious and cultural center in Bolivia

After breakfast, we will have the morning to explore the city of Copacabana, enriched by the blend of Andean and Christian traditions. This peaceful and relaxed town has much to offer its visitors.

We'll stroll through its streets and local markets, walk along Copacabana Beach, and visit the Cathedral of Our Lady of Copacabana, a Moorish-style sanctuary located in the main square and considered one of Bolivia's most important pilgrimage sites.

At 1:30 p.m., we will begin our return to La Paz. Upon arrival, transfer to the bus terminal to board the night bus to Uyuni.

Includes breakfast.

Lunch at your own expense.

Day does not include other meals.

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## DESTINATIONS

### AM

#### 📍 Copacabana City Tour

- Walk through the town
- Church of the Virgen Morena
- Local Market



# Day 8: Uyuni Salt Flats

## The largest salt desert in the world

Arrival in Uyuni, where our staff will meet you at the bus terminal and transfer you to our offices. You will have time to rest and have breakfast in town (not included).

At 10:30 a.m., we will begin the tour of the Salar de Uyuni, the largest salt desert in the world. Our first stop will be the Train Cemetery, a historic site that preserves the old locomotives once used in the region's mining development. We will then continue to the community of Colchani, the gateway to the salt flat, where we will observe the traditional process of salt extraction and refinement, as well as visit local handicraft shops offering llama and alpaca wool products.

Next, we will enter the Salar, visiting the salt mounds, the "eyes of the salt flat", and the Salt Hotel, built entirely out of salt blocks. We will then reach the Incahuasi Island, famous for its giant cacti that range from 1 to 10 meters in height. Here, we'll enjoy an included lunch surrounded by one of the most unique landscapes on Earth.

In the afternoon, we'll witness the sunset over the Salar, one of Bolivia's most breathtaking natural spectacles. Afterward, return to Uyuni and transfer to Kachi de Uyuni Hotel ★★☆☆.

Includes lunch at Incahuasi Island.  
Day does not include other meals.

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## DESTINATIONS

### AM

- 📍 Train Cemetery
- 📍 Colchani community
- 📍 Uyuni Salt Flats Tour
  - Salt mound
  - Ojos del Salar
  - Salt Hotel
  - Incahuasi Island

### PM

- 📍 Sunset viewing





# Day 9: Bolivian Altiplano

## The most surreal landscapes of the Bolivian Altiplano.

We'll start the day early, traveling toward the community of San Cristóbal, a small mining village surrounded by stunning Altiplano landscapes. We'll continue through the Valley of the Rocks, known for its unique stone formations sculpted by wind and time.

Along the way, we'll see the active Ollagüe Volcano and visit the beautiful Cañapa and Hedionda Lagoons, home to graceful Andean flamingos. On the return journey, we'll make a stop at the Black Lagoon (Laguna Negra), surrounded by rocky formations that contrast beautifully with its dark waters.

In the afternoon, we'll return to Uyuni. At 9:00 p.m., we'll board the tourist bus to La Paz (overnight on board).

Includes breakfast at the hotel.  
Includes lunch.  
Day does not include other meals.

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## DESTINATIONS

### AM

- 📍 San Cristóbal Community
- 📍 Tour of the Valley of Rocks
- 📍 Viewpoint of Ollagüe Volcano

### PM

- 📍 Cañapa Lagoon and Hedionda Lagoon
- 📍 Visit to Negra Lagoon





# Day 10: Rurrenabaque

## The gateway to the Bolivian Amazon

Upon arrival in La Paz, our staff will meet you at the bus terminal and accompany you to the airport, where you'll board your flight to Rurrenabaque.

Arrival in Rurrenabaque at approximately 1:15 p.m., reception at the airport, and transfer to La Isla de Los Tucanes Hotel ★★☆☆. You'll have the afternoon free to rest or explore the town.

Day does not include meals.

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## DESTINATIONS

PM

🕒 Free time to rest and explore the town



# Day 11: Madidi National Park

## The most biodiverse protected area in the world

Early departure at 8:30 a.m. in 4x4 vehicles toward Santa Rosa, on a journey of approximately three hours. Lunch will be served at the main tourist port on the Yacuma River, followed by a boat trip along the river to observe the region's wildlife, including monkeys, capybaras, and exotic birds.

Upon arrival at the Yacuma River lodge, you'll have time to rest before taking a night boat excursion to spot caimans and alligators.

🏠 Lodge at Parque Madidi

Includes breakfast, lunch and dinner.  
Day does not include other meals.

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## DESTINATIONS

### AM

📍 Port on the Yacuma River

### PM

🚤 Boat Tour - Yacuma River

🚤 Night boat tour

- Caiman and alligator spotting





# Day 12: Madidi National Park

## The most biodiverse protected area in the world

In the morning, we'll go on an anaconda search in the swamps (this activity will take most of the morning). After lunch, you'll have the option to take a nap and rest before continuing.

In the afternoon, we'll enjoy swimming with pink river dolphins and a piranha fishing session. There will also be time for birdwatching, observing species typical of the Amazon region.

In the evening, dinner will be served at the Yacuma River lodge, followed by free time to relax.

Includes breakfast, lunch and dinner.  
Day does not include other meals.

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## DESTINATIONS

### AM

- 📍 Swamp expedition
  - Search for anacondas
- 📍 Wildlife observation - Natural habitat

### PM

- 📍 Lunch and optional siesta (free time)
- 📍 Swim with dolphins
- 📍 Piranha fishing
- 📍 Birdwatching
- 📍 Dinner at the lodge





# Day 13: Madidi National Park

The most biodiverse protected area in the world

Early in the morning, we'll take a canoe ride, perfect for listening to and observing birds in their natural habitat. After breakfast, we'll continue with a boat trip along the Yacuma River, searching for local wildlife such as otters and other Amazonian species.


At midday, we'll enjoy lunch, and afterwards begin the return journey to Rurrenabaque. You'll have the afternoon and evening free to rest or explore the town.

Includes breakfast, lunch and dinner.  
Day does not include other meals.

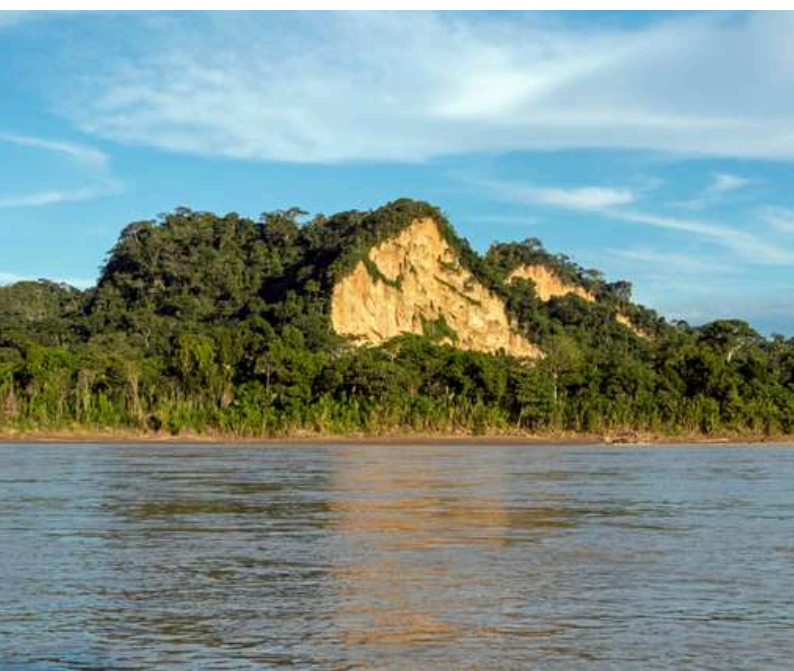
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## DESTINATIONS

AM

 Canoe ride

 Boat trip - Yacuma River



# Day 14: Rurrenabaque

## A green and sustainable destination

Free day in Rurrenabaque to enjoy at your own pace or relax at the hotel.

Includes breakfast.

Day does not include other meals.

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## DESTINATIONS

### AM

- 📍 Free day
  - Personal activities
  - Explore de town
  - Shop





# Day 15: Santa Cruz de la Sierra

## Tourist gateway to eastern Bolivia

Breakfast at the hotel and a free morning to rest or enjoy personal activities.

At 12:00 p.m., transfer to the Rurrenabaque Regional and Tourist Airport to board your flight to Santa Cruz de la Sierra.

Arrival at Viru Viru International Airport at approximately 4:30 p.m., where our staff will meet you and take you to Continental Park Hotel ★★★★★. You'll have the afternoon and evening free to enjoy the city.

Includes breakfast.

Day does not include other meals.

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## DESTINATIONS

PM

🕒 Free time





# Day 16: San José and Chochis

## Important Jesuit legacy

At approximately 8:00 a.m., we will depart from Santa Cruz toward San José de Chiquitos, one of the most important former Jesuit Missions in the region. Founded in 1698 by the Jesuits of the Society of Jesus and originally inhabited by the Jamaró and Piñoca indigenous peoples, this mission preserves a rich cultural legacy. We will visit the Mission Temple of San José, the only mission church built entirely of stone, showcasing the typical architectural style of the missions in Paraguay and northern Argentina. We will also visit the archaeological site of Santa Cruz la Vieja, the original location of the first capital of Santa Cruz.

In the afternoon, we'll continue to Chochís, also known as “Fury of the Wind,” located about 360 km from Santa Cruz, renowned for its stunning landscapes and unique flora and fauna. We'll visit the Marian Shrine of the Tower, built in 1979 at the foot of Chochís Hill — a monument that reflects the ethnic roots and deep spirituality of the Chiquitano people.

At the end of the day, dinner and overnight stay in Beula Hotel ★★★★★.

Includes breakfast, lunch and dinner.  
Day does not include other meals.

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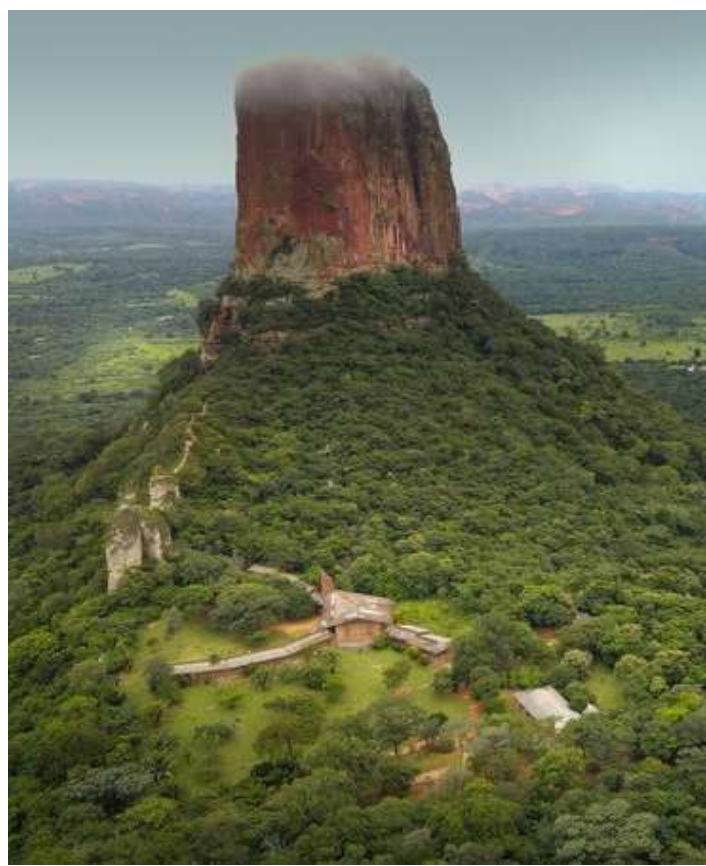
## DESTINATIONS

### AM

- 🚌 San José Tour
  - San José de Chiquitos
  - Jesuit Mission Temple
- 🚌 San José Tour - National Historical Park
  - Santa Cruz la Vieja

### PM

- 🚌 Chochis Tours
  - Chochis Hill
  - Sanctuary with Chiquitano Art - Mariano de la Torre



# Day 17: Roboré and Aguas Calientes

## The longest hot spring river in Latin America

After breakfast at 8:00 a.m., we will visit the Los Hervores hot springs. At 12:00 p.m., we'll enjoy lunch before continuing our journey toward the border with Brazil, arriving in the city of Corumbá around 4:00 p.m.

After completing immigration procedures at the border, we'll continue on to Bodoquena, our next destination on Brazilian soil.

We'll arrive in the afternoon, followed by dinner and overnight stay.

Includes breakfast, lunch and dinner.  
Day does not include other meals.

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## DESTINATIONS

### AM

🚌 Robore Tour

- Los Hervores Hot Spring





# Day 18: Bodoquena

## Clear rivers and adventure tourism

After breakfast at the hotel, we'll head to Serra da Bodoquena, where we'll enjoy a jungle walk surrounded by lush nature. Afterwards, we'll have time to relax in the balneario area, where you can enjoy tubing, kayaking, and zip-lining.

To finish, we'll take a boat ride through the area's crystal-clear waters. Afterwards, you'll have free time for lunch and a free afternoon to relax at the hotel.

Includes breakfast.

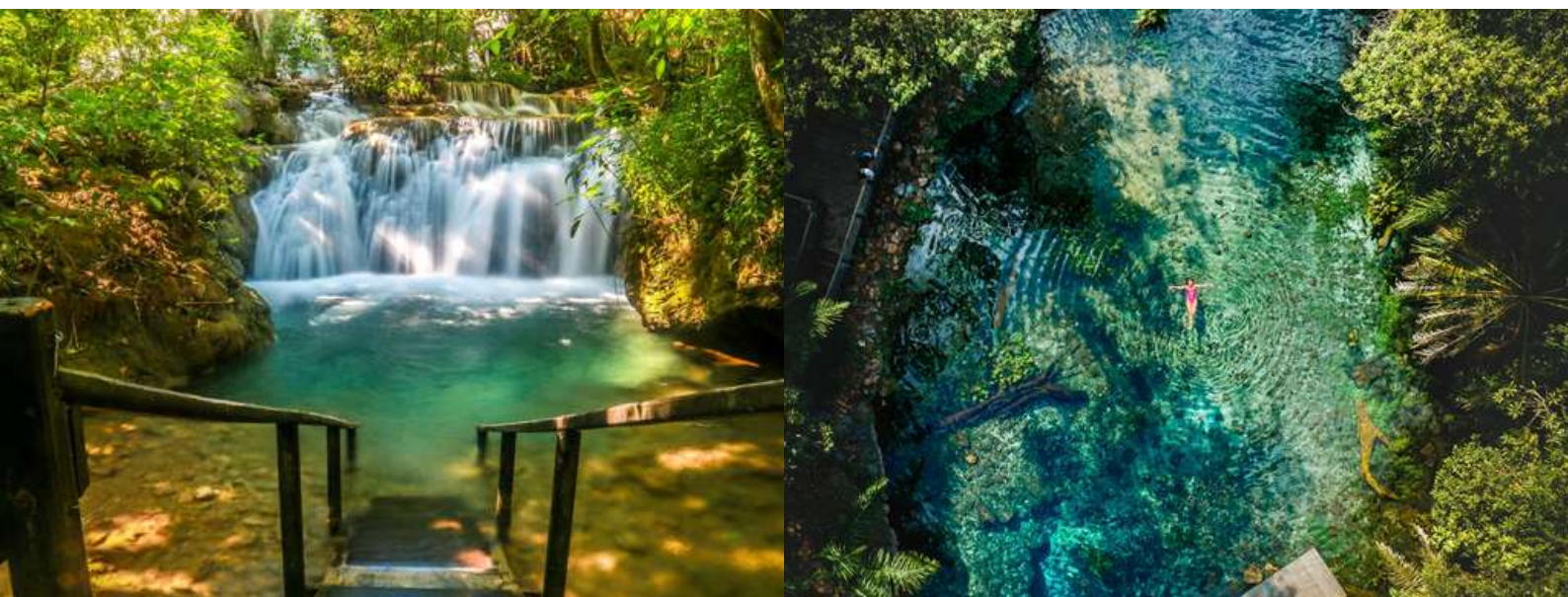
Day does not include other meals.

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## DESTINATIONS

### AM

- 📍 Hike through the tropical rainforest
- 📍 Activities at the resort
  - Floating on the river
  - Kayaking
  - Zip-lining over nature
- 🚤 Boat ride





# Day 19: Bonito

## Crystal clear waters and unspoiled nature

After breakfast, we'll depart for Bonito. Upon arrival, we'll check in at the hotel and then head to Nascente Azul Park.

This incredible place features a crystal-clear lagoon filled with fish, natural trails, and tropical landscapes. Here, you'll have the opportunity to take part in the floating activity (snorkeling in transparent river waters), which is optional and not included in the package. We'll have lunch at the park (not included) and continue enjoying the natural surroundings in the afternoon.

At approximately 4:30 p.m., we'll return to Bonito for overnight accommodation.

Includes breakfast.

Day does not include other meals.

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## DESTINATIONS

### AM

- 📍 Transfer to Nascente Azul
  - Fish-filled lagoon
  - Walking trails
  - Floating



# Day 20: Sao Paulo

## Cultural capital of Brazil

After breakfast at the hotel, we'll depart for Campo Grande. Upon arrival, transfer to the Campo Grande International Airport to board your flight to São Paulo.

Departure at 1:30 p.m. and estimated arrival at 4:30 p.m. You will be met at São Paulo International Airport by our staff and transferred to Pestana São Paulo Hotel ★★★★★. You'll have the afternoon and evening free to rest or explore the city.

Includes breakfast.

Day does not include other meals.

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## DESTINATIONS

PM

🕒 Free day for personal activities or rest





# Day 21: Sao Paulo

## Flight back home

After enjoying breakfast at the hotel, you will be transferred to São Paulo International Airport to board your flight back to your city of origin.

Includes breakfast at the hotel  
Day does not include other meals.

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## Travel with us

Travelers who book with DHOSA will experience a hassle-free journey. We take care of every detail so you can focus on enjoying the ride.

### Before the Trip

Travel preparation starts weeks before boarding the plane. We support you in:

- Assisting with visa processes for Peru, Bolivia and Brazil
- Sharing a “What to Pack” guide to navigate each ecosystem and climate
- Offering a local food guide for free days and dietary preferences
- Recommending travel insurance
- Providing preparation steps for altitude acclimatization

### During the Trip

Enjoy 24/7 support throughout your tour, which includes:

- A welcome kit with local essentials (sun hat, insect repellent, altitude pills, etc.)
- Guided tours in English, in every location
- All accommodations
- Flights and ground transport to every destination of the itinerary
- Multiple meals (non-included meals listed in the itinerary)
- Thoughtful souvenirs to remember the journey

### After the Trip

We stay in touch and continue adding value with:

- A cloud folder link with professional travel photos
- Invitations to join the DHOSA traveler community, where we share updates, travel inspiration, and exclusive offers

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*of* **South America**

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